

**Week 1  
w/c**

4th September  
25th September  
16th October  
13th November  
4th December  
1st January  
22nd January

**Monday** Beef Bolognaise with Spaghetti & Garlic Bread  
**Vegetable Bolognaise with Spaghetti & Garlic Bread (v)**  
Winter Berry Smoothie & Flapjack Bite

**Tuesday** Chicken in a BBQ Sauce with Corn on the Cob & Savoury Rice  
**Jacket Potato with Tuna Mayonnaise & Sweetcorn or Baked Beans (v)**  
Chocolate Sponge with Chocolate Sauce

**Wednesday** Roast Pork, Apple Sauce & Roast Potatoes  
**Winter Vegetable Slice with Roast Potatoes (v)**  
Toffee Apple Cake with Custard

**Thursday** Beef Burger in a Bun with Chef's Salad & Jacket Half  
**Tomato & Basil Penne Pasta (v)**  
Homemade Oatcake with Cheese & Apple Wedges

**Friday** Breaded Fish with Chunky Chips & Homemade Tomato Sauce  
**Cherry Tomato & Spinach Quiche with Chunky Chips & Homemade Tomato Sauce (v)**  
Fruity Friday

**Week 2  
w/c**

11th September  
2nd October  
30th October  
20th November  
11th December  
8th January  
29th January

**Monday** Beef Cobbler with New Potatoes  
**Macaroni Cheese with Herb Bread (v)**  
Oat Cookie & Fruit Wedges

**Tuesday** Southern Coated Chicken with Mashed Potato & Gravy  
**Roasted Vegetable Ragù with Penne Pasta (v)**  
Chocolate & Date Brownie with Vanilla Sauce

**Wednesday** Roast Beef with Yorkshire Pudding, Roast Potatoes & Parsnips  
**Cheese & Leek Pie with Roast Potatoes (v)**  
Carrot Cake with Custard

**Thursday** Turkey Meatballs with Tomato Sauce & Penne Pasta  
**Jacket Potato with Tuna Mayonnaise or Vegetable Chilli (v)**  
Strawberry Jelly with Fruit Wedges

**Friday** Breaded Fish with Chunky Chips & Homemade Tomato Sauce  
**Vegetable Frittata with Chunky Chips & Homemade Tomato Sauce (v)**  
Fruity Friday

**Week 3  
w/c**

18th September  
9th October  
6th November  
27th November  
18th December  
15th January  
5th February

**Monday** Deep Pan Cheese & Tomato or Tuna & Sweetcorn Pizza  
**Vegetable Korma & Rice (v)**  
Apple Lattice Pie with Custard

**Tuesday** Sausage & Mashed Potato  
**Carrot & Leek Sausage with Mashed Potato (v)**  
Wholemeal Lemon Shortbread with Fruit Wedges

**Wednesday** Roast Chicken Thigh with Sage & Onion Stuffing & Roast Potatoes  
**Filled Yorkshire Pudding with Roasted Root Vegetables & Roast Potatoes (v)**  
Orange Drizzle Cake with Custard

**Thursday** Beef Lasagne with Crusty Bread  
**Oriental Vegetable or Salmon Chow Mein (v)**  
Berry Cupcake

**Friday** Breaded Fish with Chunky Chips & Homemade Tomato Sauce  
**Homemade Vegetable Cornish Pasty with Chunky Chips (v)**  
Fruity Friday

Dishes may vary due to local choice at your school

(v) = vegetarian

**Available Daily**

We also serve a choice of salads, seasonal vegetables, freshly baked bread, fresh fruit platters, fruit yoghurt, milk and water every day.



Look out for monthly featured ingredients.

Try something **NEW!**

**HARRISON**  
food with thought