What's on the menu?

HARRISON food with thought

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Macaroni Cheese Wheat, Milk with a Chef's Salad	Taco Tuesday (Soft Taco) Wheat Served with Smokey BBQ Style Beef Sulphites	Vegetable Pastie Wheat with Oven Baked Potato Wedges	Pasta Arrabbiata with Spinach Wheat Served with Tomato & Basil Style Focaccia Wheat, Eq., Milk, Soybeans	Jacket Potato with Cheese Milk
WEEK ONE	Jacket Potato with Beans Or Cheese	or Chilli Beans & Rice Salad Bar Style Toppings	Pork or Chicken Sausage Roll with Gravy Wheat, Sulphites with Oven Baked Potato Wedges	Beef Cottage Pie	Battered Fish Wheat, Fish Or Salmon & Herb Fishcake Fish
	Milk Carrots / Green Beans Steamed Chocolate Sponge	Sweet Potato & Bean Turnover Sweetcom Zesty Coleslaw Egg, Milk, Mustard	Carrots / Savoy Cabbage	Peas	Served with Tomato Sauce & Chips Baked Beans
	Wheat, Egg, Milk Served with Chocolate Sauce Milk	Lemon Shortbread Wheat Served with Orange Wedges	Jelly with Fresh Fruit Wedges	Apple Flapjack Wheat Served with Custard Milk	Orange Traybake Wheat, Egg, Milk
WEEK TWO	Tomato & Basil Pasta Wheat Served with a Rainbow Ribbon Salad	Cheese & Leek Puff Pastry Pinwheel Wheat, Milk Served with New Potatoes	Sweet Potato & Bean Pattie with Seasoned Oven Baked Potato Wedges Served with a Roll Wheat	Potato & Vegetable Rosti Served with Roast Vegetables in a Lemon & Herb Dressing	Jacket Potato with Cheese Milk
	Jacket Potato with Cheese Milk & Baked Beans	Smokey BBQ Style Chicken Sulphites Served with Rice	Beefburger Served in a Roll Celery, Wheat, Sulphites with Seasoned Oven Baked Potato Wedges Salad Bar Style Toppings	Beef Bolognaise Served with Penne Pasta Wheat or Rice with Garlic & Herb Style Focaccia Wheat, Egg, Milk, Soybeans	Battered Fish Wheat, Fish Served with Tomato Sauce & Chips
	Broccoli	Carrots / Peas	Sweetcom Winter Colesław Egg, Milk, Mustard	Green Beans	Baked Beans / Peas
	Forest Fruit Flapjack Wheat	Red Velvet Sponge Wheat, Egg, Milk Served with Custard Milk	lce Cream Milk with Apple Compote	Wholemeal Carrot Cake Wheat, Egg Served with Custard Milk	Chocolate Shortbread Wheat with Apple Wedges
WEEK THREE	Pizza Margherita Wheat, Milk with Garlic & Herb Pasta Side Wheat	Sweet Chilli Stir Fry Served with Rice	Carrot & Leek Sausages Wheat with a Smokey BBQ Style Relish & Oven Baked Potato Wedges	Butternut & Chickpea Korma Served with Rice	Jacket Potato with Cheese Milk
	Jacket Potato with Cheese Milk & Baked Beans	Minced Beef & Vegetable Pie Wheat Served with Parsley New Potatoes	Chicken Sausages Or Pork Sausages Wheat, Sulphites	Beef, Tomato & Herb Pasta with Cheese Crumb Topping Wheat, Milk	Battered Fish Wheat, Fish Served with Tomato Sauce & Chips
	0	Our workhow (Ourste	with a Smokey BBQ Style Relish & Oven Baked Potato Wedges	Once Deservice	Peas / Baked Beans
	Sweetcom Berry Swirl Sponge Wheat, Egg, Milk with Custard	Savoy Cabbage / Carrots Orange Shortbread Wheat	Sweetcom Marbled Sponge Wheat, Egg, Milk with Chocolate Sauce	Green Beans / Carrots Jelly with Peaches	Peas / Baked Beans Lemon Traybake Wheat, Egg, Milk
AND THE ME WE WITH	Milk 1. Martin - State Constanting and an	Served with Orange Wedges	Mik Miki kata kata kata kata kata kata kata k	ANALY AND AND AN AND AN AND AND AND AND AND A	A MERINA ARABERT BALLA MADAKA SAHAMAMATA KA
Available daily Please ask the catering manager for food allergen information Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt					
WEEK ONE WEEK TWO WEEK THREE W/C 2nd Sept, 23rd Sept, 14th Oct, W/C 9th Sept, 30th Sept, W/C 9th Sept, 30th Sept, W/C 16th Sept, 7th Oct, 11th Nov, 2nd Dec, 6th Jan, 21st Oct, 18th Nov, 9th Dec, 13th Jan, W/C 16th Sept, 7th Oct, W/C 16th Sept, 7th Oct, 21th Low 21st Oct, 18th Nov, 9th Dec, 13th Jan, 21st Oct, 18th Nov, 9th Dec, 13th Jan, 10th Table 10th Table				ation provided	
27 th Jan. 3 rd Feb. 10 th Feb.					

Harrison Catering Services Woodside Academy

About Your Catering Service

We are delighted to be working in partnership with your school. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

Allergen Information

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit: https://www.harrisoncatering.co.uk/food-allergies-food-intolerances.

Talented Catering Team

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well[®] training programme.

Universal Infant Free School Meals (UIFSM) Key Stage 1

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

Free School Meal for Key Stage 2

The Mayor of London initiative, offers a free school meal to all pupils in Key Stage 2, regardless of income. This is for 2 academic years from September 2023.

We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos, charitable activities and latest job opportunities, please visit <u>www.harrisoncatering.co.uk</u>

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.
- Our allergen process is written to protect the welfare of the children.

