



Dear Parents and Carers,

Thank you for your support in ensuring that the school community remains as safe as possible.

After half term on Tuesday 3rd November, we are hosting our first Progress Review Day. This is an opportunity for you to have a more detailed discussion with your child's teacher about how they have settled back into school and to agree specific targets for learning. Back when this event was planned, we had hoped to be able to have face-to face meetings in school, however latest national developments mean that we still have to restrict the number of visitors to the school. A more detailed letter to all parents will be sent out early next week so that you can book appointments. Please note that children and young people do not attend school on that day 3rd November 2020.

We are trying to think and plan creatively about how we can involve families and the wider community despite restrictions on visitors and so watch this space for opportunities for you to become more involved.

We have attached an Optimistic October calendar from Action for Happiness, whose aim is to encourage us all to take a small step of positivity each day. We share these with the staff team every month <https://www.actionforhappiness.org/>

Enjoy this issue of the Woodside Way and have a good weekend, Kathryn Freame.

Iris Class

Iris class has been working hard on our portraiture in art and are proud of what we have achieved!



Important - Parents and carers should not send children to the school if they are unwell. Any children with identified COVID symptoms are eligible for a test. Please inform the school as soon as possible if you or any of your family receive a positive test.

Macmillan Coffee Morning

We are pleased to announce we raised £265.61

In their own words from our Post 16 students:

On Macmillan Coffee Morning, we started thinking of our delivery name. We came up with Hearteroo. After this, me and Craig designed the Hearteroo symbol on the computer.

Zach

I helped deliver the order forms and I laid out the bags for the cookies and cakes to be put in.
Joseph

The entire class, on Friday 25th September 2020, began to pack the cookies and cupcakes to deliver to the classes.

Michael

I cooked cakes and cookies and designed a poster.
Nathan

I helped with making cookies and cupcakes and bagged the food up. I made a poster. I felt good about it.

George

I mostly baked cookies because that was the high rated choice. We had to deliver the cakes and cookies on Friday, which was a workout.

Jessica

I helped with the delivery of the order forms and the cakes and cookies and collecting the money. This money is to support those who have cancer and to support their family. I felt that we helped the charity a lot with the money we raised.

Connor

Macmillans is one of the important charities in the world. We made cookies and cakes for Friday.
Craig

I cooked the biscuits and fairy cakes, I bagged them up and delivered them to the classes in the school.

Mo

I baked cakes and cookies. I designed a poster. I delivered the order forms. I collected the money.
Amzah

We raised money by cooking cakes and cookies. We delivered them to the students in their classes.

Jack



MR BRAMBLE'S SCHOOL DAYS

I have enjoyed walking the daily mile with the students. It is very important to



keep fit and exercise.

When the weather is good, I like to play outside with my friends,



but when it is raining I like to stay inside.



Mr Bramble

Btec sport class

The students in the Btec sport class continue to grow in confidence as they lead activities for younger children in our bubble. They are working on different ways to communicate, independently setting up and clearing away. Their confidence is growing and they are learning skills they can transfer to college life or in the working world. Well done class.



Sukkot

This week, Bluebell class have been making paper chains to decorate the classroom for Sukkot. Sukkot is a Jewish Harvest festival. Bluebell class enjoyed cutting out and sticking together the chains! They especially enjoyed putting them altogether to see how long they could make the chain! Bluebell class looks very festive for Sukkot.



Mixed-Media BTEC Unit

Students have been working on a mixed-media BTEC unit entitled "All about me". They have produced canvases that show their personalities and the things they like, or represent about them. All students have used techniques learnt from previous units. Summer has produced a fantastic piece.



Front of School area

We hope you will have noticed the improvements we have made recently to the front of school. We have welcomed all the positive comments and feedback we have received from you.

This is an ongoing project and we would very much appreciate any donations of plants you may have to make it look even better. We have many grounds around the school, so bulbs or plants of any size can always be put to good use.

Please bring any donations to the front of school at a convenient time or make an appointment at the office to drop them off.



A special thank you to our brilliant premises team; Ian and Frank and to Ms O'Flaherty, who all worked very hard to get this ready for us.

Information and Helpline Numbers

- **Half term** – Monday 26th - Friday 30th October 2020
- **Inset day** – Monday 2nd November 2020, no children in school
- **Progress review day** – Tuesday 3rd November 2020, no children in school.
- **Children return to school Wednesday 4th November 2020**
- Date for the diary - Christmas Jumper Day will be on Friday, 11th of December

[Bexley Coronavirus Helpline](#) London Borough of Bexley has setup a helpline for vulnerable residents who may need help, advice, and support linked to the coronavirus. Tel - 0203 045 5398

[Staying safe during COVID-19](#): A guide for victims and survivors of domestic abuse, Safe Lives - Freephone 24h National Domestic Abuse Helpline: 0808 2000 247

MIND in Bexley are still taking referrals and doing virtual appointments. The Crisis Café remains open and is seeing clients face-to-face

NSPCC Internet Safety - <https://www.net-aware.org.uk/>

You can also visit our School website for more information - <http://www.woodside.bexley.sch.uk//>

Parent/ Carer Notice for those who drop their children to school

We are currently receiving a number of complaints from nearby residents about car parking on Colyers Lane, at drop off and collection times.

Please be respectful and considerate to our neighbours when dropping and collecting children from school. There is parking available in Birling Road nearby.

Thank you.



ACTION CALENDAR: OPTIMISTIC OCTOBER 2020



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**"Choose to be optimistic.
It feels better" - Dalai Lama**



1 Write down your most important goals for this month

2 Look for reasons to be hopeful even in difficult times

3 Take the first step towards a goal that really matters to you

4 Be a realistic optimist. See life as it is, but focus on what's good

5 Start your day with the most important thing on your list

6 Do something constructive to improve a difficult situation

7 Remember that things can change for the better

8 Make progress on a project or task you have been avoiding

9 Avoid blaming yourself or others. Just find the best way forward

10 Take time to reflect on what you have achieved this week

11 Focus on a positive change that you want to see in society

12 Look for the good intentions in people around you today

13 Put down your To-Do list and let yourself be spontaneous

14 Do something to overcome an obstacle you are facing

15 Look out for positive news and reasons to be cheerful today

16 Thank yourself for achieving the things you often take for granted

17 Share your most important goals with people you trust

18 Make a list of things that you are looking forward to

19 Set hopeful but realistic goals for the week ahead

20 Find the joy in completing a task you've put off for some time

21 Let go of the expectations of others and focus on what matters

22 Share an inspiring idea with a loved one or colleague

23 Write down 3 specific things that have gone well recently

24 Recognise that you have a choice about what to prioritise

25 Plan a fun or exciting activity to look forward to

26 Start the week by writing down your top priorities & plans

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Find a new perspective on a problem you face

30 Set a goal that links to your sense of purpose in life

31 Think of 3 things that give you hope for the future



ACTION FOR HAPPINESS



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/optimistic-october

Keep Calm · Stay Wise · Be Kind